

Step into a temple of touch and aroma to begin the
only journey that makes any difference...

Elemis Face...

Elemis Advanced Anti-Aging and Performance Facials use exclusive Japanese pure silk or sulphur masks combined with highly potent natural booster serums to restore youthful radiance to the skin.

ELEMIS ADVANCED ANTI-AGING FACIALS

Elemis Visible Brilliance Facial for aging, stressed and slackened skin

Independently tested with revolutionary results, this anti-aging face and eye treatment instantly firms, rejuvenates and plumps up the skin whilst reducing dark circles from around the eye contour. Moisturization levels of the skin are proven to increase by up to 38% and elasticity by 28% after just 1 treatment. Specialized micro-circulatory massage techniques are combined with the powerful proven formulations of Liquid Radiance, Cellular Recovery and the two-phase Amino Active Mask to help smooth, sculpt and restore skin radiance and plumpness. This superior treatment is further enhanced by a luxurious hand & arm massage and de-stress scalp treatment for the ultimate in scientific skin-therapy.

75 minutes \$150

Elemis Pro-Collagen Marine Facial for fine lines and wrinkles

Providing immediate results in the fight against time, this exceptional face and eye treatment helps to slow down the signs of premature aging, reducing the appearance of fine lines and wrinkles on the face and crows feet around the eye contour. Specialized lifting massage techniques are combined with the unique anti-aging Japanese Silk Mask impregnated with Pro-Collagen Booster Serum. Skin will have a more youthful appearance after just 1 treatment. This superior treatment is further enhanced by a luxurious hand & arm massage and de-stress scalp treatment for the ultimate in scientific skin-therapy.

75 minutes \$125

ELEMIS ADVANCED PERFORMANCE FACIALS

Elemis Oxygen SkinCalm Facial for sensitive skin

This face and eye treatment is pure soothing heaven for sensitive skins. Gentle massage techniques combined with calming actives and a restructuring Japanese Silk Mask help to rebalanced delicate, fragile and sensitive skins. This superior treatment is further enhanced by a luxurious hand & arm massage and de-stress scalp treatment.

75 minutes \$125

Elemis S.O.S. Purifying Facial for oily, problem and congested skin

This powerful face and eye treatment helps to absorb excess sebum, regulate and balance the function of the skin, while helping to repair scarring. Purifying massage techniques combined with the unique Japanese Sulphur Mask impregnated with Vita-C Booster Serum help to calm irritated skin and rebalance oil-rich pores, leaving a beautiful matt skin. This superior treatment is further enhanced by a luxurious hand & arm massage and de-stress scalp treatment.

75 minutes \$125

ELEMIS SKIN SPECIFIC FACIALS

Elemis Fruit Active Glow for dull, lifeless skin

For a powerful skin recharge, this facial will bring back the glow to tired, dull and lifeless complexions. Skin is deeply cleansed and stimulated by specialist Eastern massage techniques, while powerful skin conditioning actives nourish and renew vital radiance.

50 minutes \$95

Elemis Exotic Moisture Dew for dry skin

For skin in need of a super saturating moisture boost, this thirst-quenching facial is perfect. Following a deep cleanse and nourishing facial massage, the skin is fed with moisture loving actives that will bring back that healthy, dewy look to the skin.

50 minutes \$95

Elemis Herbal Lavender Repair for combination and oily skin

For perfect restoration of skin balance, this facial helps to heal and repair oily, problem and congested skin. Deeply cleansing to draw out skin impurities, this facial will help reduce unwanted shine, refine the pores and treat skin breakouts.

50 minutes \$95

La Thérapie Face...

La Thérapie is a Parisian brand that specializes in advanced skin cosmeceuticals. Working with formulation experts, dermatologists and professional aestheticians to develop highly effective, targeted skin treatments.

La Thérapie HydraLift Facial

This anti-aging lifting and hydrating facial has been created by Parisian scientists to target your specific skincare needs. A fully qualified aesthetician will carry out a thorough skin analysis and consultation in order to prescribe the most beneficial products. Galvanic Frequency is used to encourage active ingredients to deeper layers of the skin where cell renewal takes place and the stimulating effects of High frequency boost the circulation and enhance oxygen absorption, whilst creating a protective, antibacterial layer on the skin. The results are a deeply cleansed skin, smoothed and hydrated - "Skin Perfection."

50 minutes \$115 / series of 4 \$415 (save \$45)

La Thérapie HydraLift Intensif Facial

This intensive facial is the ultimate anti-ageing treatment from La Thérapie. The procedure includes a complete La Thérapie HydraLift Facial, plus the following: Hydra Lip Intensif, Intensif Eye Treatment, Hydra Neck Intensif and Hydra Peel Hand Treatment. Recommended once a month.

100 minutes \$185 / series of 4 \$665 (save \$75)

La Thérapie HydraPeel Facial

Developed by leading dermatologists, this resurfacing facial combines the controlled use of cosmeceuticals with an advanced treatment program for fast, dramatic results. Safe for all skins, unbuffered Glycolic preparations offer immediate, visible results for ageing, sun damaged, acne-prone and hyper-pigmented skin. A fully qualified aesthetician will carry out a thorough skin analysis and consultation in order to prescribe the most beneficial products for individual skincare needs. Results are immediate. Lines and wrinkles appear finer, scars and blemishes are soothed. The complexion glows with renewed health.

50 minutes \$125 / series of 4 \$450 (save \$50)

La Thérapie HydraPeel Intensif Facial

This intensive facial is the ultimate anti-aging, resurfacing treatment from La Thérapie. The procedure includes a complete La Thérapie HydraPeel Facial, plus the following: Hydra Lip Intensif, Intensif Eye Treatment, Hydra Neck Intensif and Hydra Peel Hand Treatment. Recommended once a month.

100 minutes \$190 / series of 4 \$660 (save \$100)

La Thérapie Intensif Vitamin Anti-Oxidant Treatment

To maximize the full potential of any La Thérapie Facial, supplement it with a powerful dose of vitamin protection. These potent Vitamin C and Vitamin A anti-oxidant serums provide superior free radical protection for the ultimate anti-aging boost. Exclusively patented formulations offer solutions for fine lines and wrinkles, scarring and blemishes.

..... add \$45

La Thérapie Intensif Age Zone Treatment

Add any two of the following intensive treatments to your La Therapie HydraLift Facial: *Intensif Eye Treatment* Patented antioxidants target visible signs of aging to effectively diminish fine lines and wrinkles and reduce dark circles. *Hydra Lip Intensif* Potent antioxidants increase collagen production to plump out and enhance the contours of the lips. *Hydra Neck Intensif* The power of Caviar extracts is used to help lift and firm the delicate skin around the neck and décolleté. *Hydra Peel Hand Treatment* A combination of Dermatological products effectively resurfaces the skin to reduce brown spots, dryness and signs of aging.

30 minutes \$45

Miracle Micro-Therapy

Discovered in France, Micro-Dermabrasion has gained the reputation of being the most effective non-evasive face therapy for the softening of fine lines, skin discoloration, enlarged pores, sun and age spots, blemishes and both chicken pox and acne scars. Miracle Micro-Therapy takes this technology to another level by replacing the traditional Aluminum Oxide crystals with the kinder and more organic Baking Soda crystals. Miracle Micro-Therapy is so gentle we can work upon sensitive areas, including the eye lids and mouth. The result is a youthful, vibrant skin tone. After just one treatment a difference will be noted, but for ultimate results we recommend a series of 5 or 10 treatments.

Miracle Micro-Therapy single session / 30 minutes \$80

Series of 5 \$350 (save \$50) Series of 10 \$700 (save \$100)

Miracle Micro-Therapy with La Thérapie Facial / 60 minutes \$150

Series of 5 \$675 (save \$75) Series of 10 \$1275 (save \$225)

Elemis Exotic Body...

Like a dance around the body... the language of touch is fluid and understood by all cultures.

Well-Being Massage

From the soles of your feet to the crown of your head, the unique Ten Cultural Touches of Elemis are combined with the Welcome Touch and Awareness Journey that makes this much more than just a massage. Your body is lightly brushed, before the powerful warmed pure massage oils are smothered over the face and body. Choose from: *Stress-a-Way* to soothe and relax. *Spirit Reviver* to uplift and detoxify. *Muscle Melt* to ease away aches and pains. *Chakra Balancing* to help rebalance mind, body and spirit.

60 minutes \$90 / series of 6 \$485 (save \$55)

Deep Tissue Muscle Massage

Excessive physical activity can cause deep muscular and joint distress. Our Deep Tissue Sports Therapy massage helps to warm and relax the muscles and improve range of motion. Enjoy before physical activity to prevent injuries and after to help the speedy recovery of strained muscles.

50 minutes ... \$105 / series of 6 \$665 (save \$65) 80 minutes ... \$160 / series of 6 \$865 (save \$95)

Aroma Stone Therapy

Harnessing the properties of Basalt stones, we bathe them in warm water, anoint them with the spicy, sensual aromas of the Orient, and massage them on key energy points of your body to balance the spirit. The deep penetrating heat of the volcanic Basalt Stones, combined with traditional massage techniques and warmed oils is an experience that is nothing short of divine!

75 minutes \$130 / series of 6 \$700 (save \$80)

Thai Massage

Thai Massage is an ancient art of healing the body. We use passive stretching and gentle pressure techniques along passages called "meridians" to unblock latent energy and re-balance the system. Thai massage also helps to adjust the skeletal structure, increase flexibility, relieve muscular and joint tension and stimulate the functioning of internal organs. Please wear light, comfortable clothing for this treatment. Available at limited times.

90 minutes ... \$175 / series of 6 \$950 (save \$100) 120 minutes ... \$225 / series of 6 \$1215 (save \$135)

Absolute Spa Ritual

Experience the ultimate indulgence. From the soles of your feet to the top of your scalp, embark on a complete journey to sensory heaven for the face and body, with a prescribed Elemis Advanced Performance Facial and the Elemis Well-Being Massage.

120 minutes \$200 / series of 4 \$695 (save \$105)

Hawaiian Wave Four Hand Massage

From Hawaii, traditional Lomi Lomi massage movements sweep the length of the body like a synchronized dance. The experience of having two intuitive therapists working at the same time is the closest that one could imagine to such a mystical experience of the sublime. Four expert hands complement and follow each other to caress and comfort your body's energy flow, resulting in the ultimate experience of the power of touch.

75 minutes \$225 / series of 4 \$785 (save \$115)

Nurturing Massage for Mother-to-Be

The nine month journey of nurturing is a special time, connecting with the mother through the power of touch, working with two heartbeats as one. Tried and tested safe pregnancy massage techniques adapted to each stage of pregnancy. Specialized positioning on our unique beanbag is used to ensure the ultimate in comfort and relaxation.

75 minutes \$125 series of 6 \$675 (save \$75) series of 12 \$1275 (save \$225)

Exotic Lime and Ginger Salt Glow

Warm oil is dripped luxuriously all over the body before our Exotic Lime and Ginger Salt Glow is applied. Your skin will be polished to perfection before being utterly indulged in our signature Well-Being Massage.

With a 30 minute Well-Being Back Massage (60 minutes) \$100 / series of 4 \$360 (save \$40)

With a 60 minute Well-Being Massage (90 minutes) \$140 / series of 4 \$485 (save \$75)

Total Glow Self Tanning Treatment

Love the sun, but fake the tan with this gorgeous moisturizing treatment. We slough away dead skin with the Exotic Lime and Ginger Salt Glow, then apply the award winning Elemis Total Glow Self Tanning to your body.

60 minutes \$100 / series of 4 \$360 (save \$40)

Lovers Ritual

Indulge yourself and your favorite person with the Lovers Ritual by Elemis. First enjoy a glass of wine in the Calming Lounge, then let us escort you to our Lovers Suite – Purple Heaven – where we will show you hands-on secrets for giving a sensuous massage. After your lesson, both of you will be lavished from top to toe with a Well-Being Massage or an Absolute Spa Ritual. You will also receive a bottle of the Elemis Exotic Island Flower Oil (100ml) so you can continue the experience in your own love nest.

With 60 minute Well-Being Massage for two \$275

With 120 minute Absolute Spa Ritual for two \$495

NEW TREATMENT!

Gentle Touch Tooth Whitening

Our Gentle Touch Tooth Whitening treatment is the safest, most effective system available. By using an FDA approved non-toxic gel, your teeth will be visibly whiter after just one session. Other professional tooth whitening systems cost several hundred dollars and use peroxides that damage tooth enamel. With our cost-effective whitening treatment, you will see instant results without harming your teeth.

Consultations are free \$199

Anti-Cellulite Therapies...

Cellulite is a normal skin condition caused by a build up of toxins in the body that collect in fatty areas like the abdomen, thighs and arms. Try the following non-invasive therapies to minimize the appearance and firm and tone the body.

Ionithermie Cellulite Reduction Program

Created by a surgeon in France, Ionithermie is the only therapy available that helps to detoxify the body, reduce the appearance of cellulite and offer substantial inch loss in a single session. Using both galvanic and faradic stimuli, products rich in sea vegetation like Algae, Ivy and Kelp, are propelled into the fatty areas of the body, normally the thighs, buttocks, abdomen and/or upper arms. The detoxifying properties of the ingredients help to drain away the fluids from the trapped fat cells and smooth away the puckered appearance, giving the body more definition.

60 minutes \$145 series of 5 \$645 (save \$80)

Fennel Cleansing Cellulite and Colon Therapy

Cellulite is associated with poor circulation, fluid retention and a congested digestive system. This treatment works at the deepest level to flush and cleanse all three systems. A detoxifying Fennel and Birch peel off body mask is combined with specialist drainage massage techniques on the hips and thighs. Help boost blood flow and drain away fluid, leaving your skin firmer and smoother to touch. In addition, cleansing of the colon through abdominal massage and reflexology continues the purification of your body.

60 minutes \$125 series of 8 \$900 (save \$100)

Detox & Wellness Program...

This four week package will help to cleanse and detoxify your internal systems while firming and toning the texture of the skin. Your schedule will include five spa treatments per week for two weeks (one a day) and then two treatments a week for another two weeks. We recommend you combine this package with an exercise and diet plan for ultimate benefits. The results will include a reduction in the appearance of cellulite on the legs, thighs and abdomen, along with a firmer and smoother skin tone. But that is not all. Detoxification helps your body absorb vital nutrients and minerals more readily, so your hair will shine, your skin will glow and your energy levels will soar.

Detox and Wellness Program

\$1999 (save \$445)

Course of Ionithermie Cellulite Reduction Program

Course of Fennel Cleansing Cellulite and Colon Therapy

Course of Elemis Enhancement Capsules

Ionithermie and Elemis Home Care Regimen to include:

Ionithermie 12 Day Home Care Kit

Elemis Cellutox Herbal Bath Synergy

Elemis Cellutox Active Body Concentrate

Elemis Renewal & Detox ...

Feel reborn after being cocooned in the unique sensory dry float bed.

Exotic Coconut Rub and Milk Ritual Wrap or Float

A ceremony of pure sensuality to tantalize and delight! A traditional Balinese recipe with Coconut, Mungbean, Spices and Lavender polishes the skin, while exotic body oil indulges your senses. Bask in the ritual as warm Milk Bath is poured lavishly over your body before being cocooned in a comforting wrap or in the sensory dry float bed.

With a 30 minute Well-Being Back Massage (60 minutes) ... Wrap \$100 Float \$115

With a 60 minute Well-Being Massage (90 minutes) Wrap \$150 Float \$165

Exotic Frangipani Body Nourish Wrap or Float

From the exotic shores of Tahiti, Coconut and Frangipani flowers are soaked together to produce Monoi, which literally means "scented oil." With the most exotic aroma and texture imaginable, Polynesian women traditionally use this to protect their beautiful bodies and condition their lustrous hair. Drench yourself in its moisture and bathe in sensuality, either in a comforting foil wrap, or weightless in the unique dry float.

With a 30 minute Well-Being Back Massage (60 minutes) ... Wrap \$100 Float \$115

With a 60 minute Well-Being Massage (90 minutes) Wrap \$150 Float \$165

Cellutox Aroma Spa Ocean Wrap or Float

Combining the richness of sea plants and marine algae with aromatherapy, this treatment is deeply detoxifying at all levels. A warm seaweed body mask containing a synergy of cleansing Juniper and Lemon Essential Oils is applied to your body before you are cocooned, either in a comforting foil wrap, or weightless in the unique dry float. Let your thoughts drift away, while you have a soothing face and scalp massage and let the active ingredients work to detoxify, decongest and stimulate your body systems.

With a 30 minute Well-Being Back Massage (90 minutes) ... Wrap \$135 Float \$150

With a 60 minute Well-Being Massage (120 minutes) Wrap \$185 Float \$200

Musclease Aroma Spa Ocean Wrap or Float

The power of aromatherapy is combined with the riches of the ocean in this deeply warming treatment. A heated seaweed mask containing a warming blend of Essential Oils such as Pine and Rosemary is applied to your body before you are cocooned in a warm wrap. Relax, weightless and will-less in the unique sensory dry float bath or in foil wrap, while the active ingredients work to ease arthritis, fatigue and muscle spasm.

With a 30 minute Well-Being Back Massage (90 minutes) ... Wrap \$135 Float \$150

With a 60 minute Well-Being Massage (120 minutes) Wrap \$185 Float \$200

Salon at Elemis...

Let your inner beauty shine forth like a vibrant light.

Bio-Ionics Hair Straightening

From an ancient therapy, Bio-Ionics is a breakthrough science for hair care. For centuries, natural negative IONS have been used in Japan to restore, rejuvenate and revitalize the body and mind. Negative ION energy is powerful enough to break water molecule clusters into micro-fine particles and penetrate the hair shaft reconditioning and offering a permanent straightening solution for curly or frizzy hair. The results are immediate: hair feels smoother, shinier and more manageable instantly price by consultation

Great Lengths Hair Extension System

Ever wondered how all celebrities seem to have this amazing thick, glossy hair? While some spend years growing their own locks, most of them actually grow it over night with Great Lengths Hair Extensions—the most natural looking hair extensions available today. Great Lengths use natural human hair from India, the texture of which is extremely similar to European hair, and therefore the most compatible. The hair is processed and colored as if it were luxurious cashmere – with the utmost care – so that the shine and health of the hair are not compromised by harsh chemicals. Your Great Lengths hair can be up to twenty-four inches long, however, not everyone chooses Great Lengths for length – some choose Great Lengths to just add body and volume to shorter hair styles. Most hair extensions last 5 months price by consultation

Elemis Exotic Hand Ritual with Manicure

Pure pampering for your hands and nails to restore beauty and suppleness. Warmed aromatherapy oils nourish and condition, while the sublime sensation of Skin Nourishing Milk Bath lavishes its richness and healing action on your skin. This opulent ritual includes a Paraffin Wax for the Hands and a traditional manicure. 60 minutes \$55

Elemis Sole Delight Foot Treatment with Pedicure

Warmed aromatherapy oils nourish and condition your feet and nails while the decadence of Milk and Exotic Frangipani Monoi Oil lavish their richness and healing action on your skin. This indulgent ritual includes a Paraffin Wax for the Feet and a traditional pedicure. A sensory experience for your feet promising to leave you walking on cloud nine! 75 minutes \$80

Paraffin Wax Treatments for the Hands and Feet

We dip your hands and feet into a gorgeously warm pot of soft wax and then slip them into a mitt so the wax can embellish its silken powers to your skin. This tantalizing treatment is only available with a traditional manicure and pedicure service add \$15

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Hair Menu

Wash and Cut	from \$40
Blow Dry	from \$30
Blow Dry with Flat Irons	from \$40
Evening Style Updo	from \$45
Bridal Styling	individually priced
Hair Extensions	individually priced
Elemis Frangipani Conditioning Hair and Scalp Ritual	add \$35

Color

Semi Permanent	from \$45
Regrowth Application	from \$50
One Process Color	from \$65
Two Process Color	from \$85

Highlights and Lowlights

Partial	individually priced
Hairline and Part.....	\$75
Half Head	from \$85
Full Head	from \$140

Texture

Bio-Ionic's Hair Straightening from \$700-\$1200
Perms	from \$85
Perm Spiral	from \$145
Relaxers (regrowth)	from \$75
Relaxers (full head)	from \$95

Waxing

Lip, Chin or Ears	\$15
Eyebrow Shape (20 minutes)	\$30
Brow (10 minutes)	\$20
Underarm	\$20
Full Arm	\$50
Bikini Line	\$25
Bikini	\$35
Brazilian Bikini	from \$50
Half Leg with Knee	\$50
Full Leg	\$75
Full Leg and Bikini	\$90

Fingers and Toes

Traditional Manicure ... 30 minutes	\$20
French Manicure	30 minutes \$25
Traditional Pedicure ... 45 minutes	\$40
Paraffin Wax treatment for hands or feet	add \$15
Polish Change	\$15
Polish Change French	\$20
Elemis Exotic Hand Ritual w/Manicure 60 minutes	\$55
Elemis Sole Delight Foot Treatment w/Pedicure 75 minutes	\$80

Acrylic Nail Services

Full Set	\$65
Full Set Sculpted	\$75
Full Set Pink and White	\$75
Refills with 1 Fix	\$35
Nail Fix per nail	\$10
Rejuvenating Nail Removal	\$25

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Hair Menu

Wash and Cut	\$30
Cut and Blow Dry	\$40
Restyle	from \$45
Tidy Up (define sideburns and neck)	from \$20
Color	from \$45
Highlights	from \$55
Shaving Ritual <i>includes brush, cream, razor, steam towels scalp massage and tidy up on the ears, nose and nape of neck</i>	\$45

Waxing

Lip, Chin, Ears or Neck	\$15
Eyebrows	\$20
Chest	\$50
Back and Shoulders	\$35-\$50

Fingers and Toes

Men's Sports Manicure 30 minutes \$20
Men's Sports Pedicure 45 minutes \$40

* Prices do not include blow dry or set unless indicated. All hairdressing services will receive a consultation prior to the service.

** Hairdressing services include a sensory scalp massage and hot towel treatment.

A perfect day to spa ...

Indulgence heals. So we have created perfectly sumptuous packages to help soothe mind and body. Leave all your cares at the door and promise yourself some unbridled relaxation. Before your treatments begin you can enjoy some tea or juice in the Relaxation Lounge to prepare yourself for your journey with Elemis.

Perfect day to spa

Exotic Sensory Wrap Treatment with Well-Being Massage

Choose from: Exotic Coconut Rub and Milk Ritual Wrap

or Exotic Frangipani Body Nourish Wrap

Choice of Advanced Performance Facial

Sole Delight Foot Treatment with Pedicure

Exotic Hand Ritual with Manicure

Frangipani Hair and Scalp Treatment with blow dry

400 minutes \$425 (save \$75)

Perfect spa for her

Exotic Hand Ritual with Manicure

Sole Delight Foot Treatment with Pedicure

Choice of Advanced Performance Facial

Aroma Stone Therapy

285 minutes \$340 (save \$50)

Perfect spa for him

Choice of Skin Specific Facial

Deep Tissue Muscle Massage 50 minutes

Men's Sports Manicure

Men's Sports Pedicure

160 minutes \$230 (save \$30)

How to Spa

Prepare yourself for your spa journey. The more relaxed you are, the more beneficial your treatment will be to enhance your well-being.

Treatment Times Please arrive at least fifteen minutes before your treatment. If you are late for an appointment we may have to shorten your treatment time to be on schedule for the next guest.

Amenities Our amenities include ten spa-therapy rooms, one of which is an exotic Elemis suite, full-service hair and nail salon and relaxation area. Teas, juices and fruit will be provided for guests, along with the use of a robe and slippers for the duration of your stay.

Elemis Spa Gift Cards Treat friends and family with a gift of the sublime. An Elemis Spa Gift Card means that you can let your friends choose the treatments they want to enjoy. When you spend \$100 or more on your gift card it is presented in a beautiful Balinese Box with a Sensory Heaven Bath Oil. See our insert.

Join the Spa Culture Your spa experience can become part of your lifestyle when you join the spa culture. Simply go to: www.timetospa.com and order the products that have been recommended to you either every 30, 60 or 90 days. Shipping is free and you never have to run out of your prescribed products again.

Cancellation Policy We require a credit card for all appointments and 24 hours notice for cancellation to avoid being charged the full price for your treatment.

Gratuities Gratuity is not included in your service and we leave this to your discretion. As a guideline a 15-20% gratuity is customary for exemplary service.

Comments We would love you to fill out our comment card and tell us about the service you received and how it compares to your other spa experiences. Please pick up a comment card from the front desk.

Location We are located on the main level in the Aurora building. We are very easy to find and upon your arrival you can ask a concierge to direct you.

Parking Elemis Spa will validate your self parking ticket for the duration of your spa or salon service. We regret we cannot validate parking tickets for product or gift card purchases.