

SPRING
2004

DINING OUT

the great restaurants of miami



THE ESSENCE OF THE MEDITERRANEAN

THANASIS BARLOS AND
CHEF KRIS WESSEL'S ELIA


page 26

YOUR GUIDE TO THE GREAT MENUS OF MIAMI

SAVORING THE CITY :: shopping never tasted SO GOOD :: o'live it up at ELIA
SIZZLING STEAK HOUSES of Miami :: THE GRAPE FRUIT of Italy :: EXOTIC body nourishment
bringing the Mediterranean HOME TO THE KITCHEN :: NORMAN VAN AKEN'S word on food



\$4.95 USD :: spring

A warm, dimly lit spa room. In the foreground, a lit candle in a glass holder sits on a dark, textured table. Behind it, a chair with a shimmering, sequined fabric is visible. The background is softly blurred, showing a lamp and some foliage, creating a relaxing and intimate atmosphere.

MIAMI ANSWERS
THE AGE-OLD QUESTION OF...

WHERE BEST TO

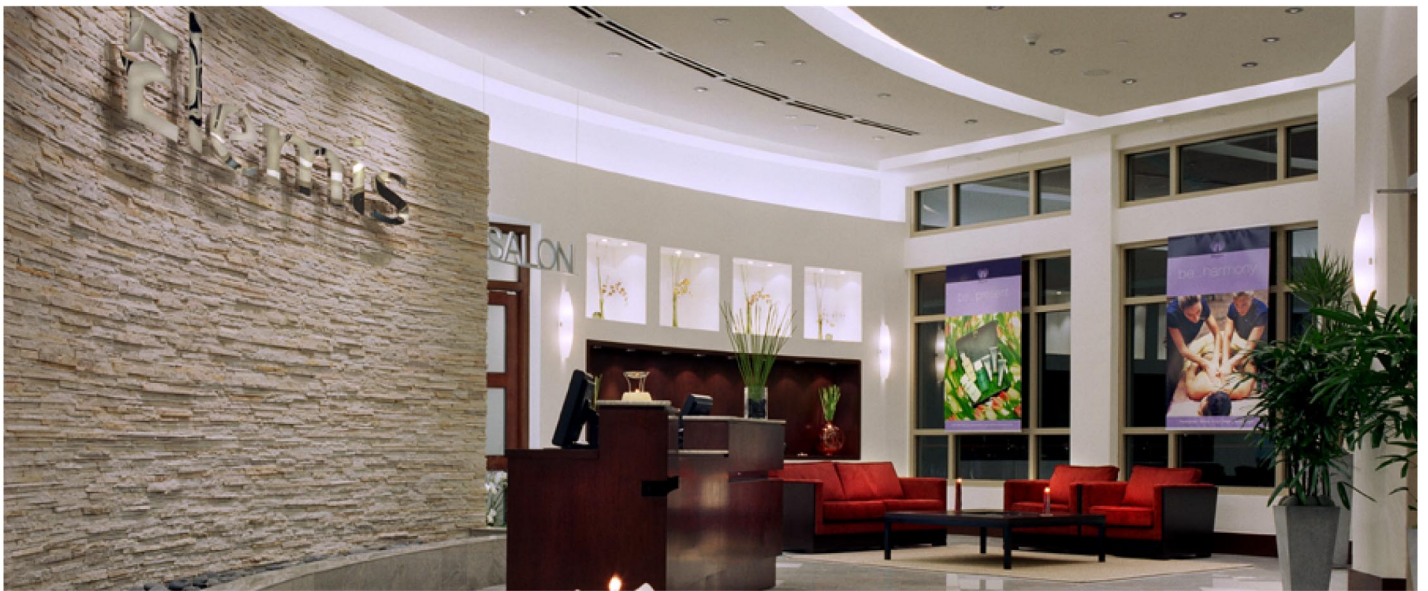


PAMPER?

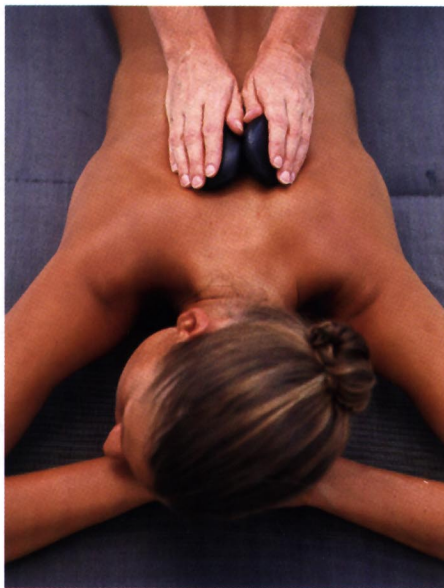
WENDY DOSCHER-SMITH IS AT IT AGAIN...
SPOILING HERSELF IN A QUEST TO FIND
THE MOST DELECTABLE SPA TREATMENTS
SOUTH FLORIDA HAS TO OFFER

By Wendy Doscher-Smith

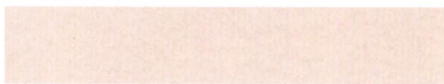
Take one step, walk one block. In South Florida, land of the perfectly primed and sinfully stylish, you are never far from a salon, a spa or a restful retreat. Break your gel nail tip? Shoulders pining for a good knead? Lips in search of plumping? Never fear—if it can be massaged, soaked, rubbed, colored, straightened, soothed, wrapped or waxed, South Florida's got it covered. After all, there's no such thing as too much pampering so relax, unwind and discover some of Miami's cushiest coddling quarters.



Eleemis Spa



Eleemis Spa



Best in Show

Really, it's hard to top **Eleemis Spa**. The products smell great and work even better. The décor is rich, with deep and sultry wooden floors, colorful sarongs tucked into massage tables, candles at every turn and the plushness of robes. On a recent visit, the Lime and Ginger Salt Glow treatment smelled so delectable, I literally licked my arm to get a taste. As for the massage, it was so soothing I could very well have been in Bali, not just in a well-done rendition. Every detail, down to the treatment room names (like Purple Heaven), is meticulously addressed and service is impeccably professional. Just so you get the gist, my massage therapist told me *he* enjoyed *my* massage and my esthetician performed a sincerely sympathetic facial—well worth her weight in cotton balls.



Eleemis Spa



Eleemis Spa