

Walk into a world where time has no place ...



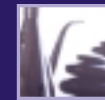
Where each moment
is an eternal stream of consciousness ...



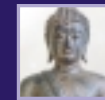
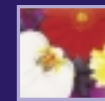
Where you can revel
in pure being and surrender to the moment ...



Step into a temple of touch and aroma to
begin the only journey that makes any difference ...



It's the inner journey ...
the pathway to pure sensory heaven.





Elemis Face...

Beyond indulgence all Japanese Silk Booster Facials are advanced hands-on facials that use exclusive Japanese pure silk or sulphur masks combined with highly potent natural booster serums to restore youthful radiance to the skin.

Pro-Collagen Japanese Silk Booster Facial

Hydrate and strengthen mature skin, as this intense treatment inhibits collagen loss, improves elasticity and tone and gives the skin an instant lift. A sheet of pure Japanese silk protein infused with booster serums nourishes the skin producing results beyond belief.

75 minutes \$125 / series of 6 \$675 (save \$75)

Oxygen Japanese Silk Booster Facial

Restore, calm and heal as this advanced facial restructures and oxygenates tired, fragile and sensitive skins. Phytoamine Biocomplex of Centella Asiatica repairs and soothes deep down.

75 minutes \$125 / series of 6 \$675 (save \$75)

Vita-C Japanese Silk Booster Facial

Re-establish balance of the skin as Phytoamine Biocomplex of Watercress, Myrrh and Ivy, plus Vitamin C and E, get to work on problem, congested and oil-rich skins.

75 minutes \$125 / series of 6 \$675 (save \$75)





Aromapure Facial

A therapeutic deep cleansing facial, prescribed for your skin. Combines the power of Absolutes with true premium grade Essential Oils, treating the skin at the deepest level without aggression. Specialized Eastern massage movements help to stimulate and oxygenate your skin, while bringing the body and mind into balance.

Choose from:

- Absolute Lift ... revitalizes and lifts mature skin.*
- Exotic Cream Moisture Dew... gives a hydrating boost.*
- Herbal Lavender Repair... balances and heals.*
- Fruit Active Glow ... lifts dull skin.*

50 minutes \$95 / series of 6 \$510 (save \$60)

Japanese Silk Booster Facial with Japanese Silk Booster Eye Zone Therapy

Experience the ultimate in scientific skin therapy. This advanced facial promises to take your skin on a journey of total renewal. Natural Japanese silk protein, or sulphur compresses, combined with booster serums and intelligent algae have been formulated for advanced aromatherapy skincare, producing incredible instantaneous results. We have packaged this nurturing facial with the Japanese Silk Booster Eye Zone Therapy to oxygenate and increase cellular renewal around the eyes so they look smoother, firmer and back to their sparkling best !

Choose from:

- Pro Collagen, Oxygen or Vita-C Japanese Silk Booster Facials.*

90 minutes \$150 / series of 6 \$810 (save \$90)





La Thérapie Face...

La Thérapie is a Parisian brand that specializes in advanced skin cosmeceuticals. Working with formulation experts, dermatologists and professional aestheticians to develop highly effective, targeted skin treatments.

La Thérapie HydraLift Facial

This anti-aging lifting and hydrating facial has been created by Parisian scientists to target your specific skincare needs. A fully qualified aesthetician will carry out a thorough skin analysis and consultation in order to prescribe the most beneficial products. Galvanic Frequency is used to encourage active ingredients to deeper layers of the skin where cell renewal takes place and the stimulating effects of High frequency boost the circulation and enhance oxygen absorption, whilst creating a protective, antibacterial layer on the skin. The results are a deeply cleansed skin, smoothed and hydrated - "Skin Perfection."

50 minutes \$115 / series of 4 \$415 (save \$45)

La Thérapie HydraLift Intensif Facial

This intensive facial is the ultimate anti-ageing treatment from La Thérapie. The procedure includes a complete La Thérapie HydraLift Facial, plus the following: Hydra Lip Intensif, Intensif Eye Treatment, Hydra Neck Intensif and Hydra Peel Hand Treatment. Recommended once a month.

100 minutes \$185 / series of 4 \$665 (save \$75)

La Thérapie HydraPeel Facial

Developed by leading dermatologists, this resurfacing facial combines the controlled use of cosmeceuticals with an advanced treatment program for fast, dramatic results. Safe for all skins, unbuffered Glycolic preparations offer immediate, visible results for ageing, sun damaged, acne-prone and hyper-pigmented skin. A fully qualified aesthetician will carry out a thorough skin analysis and consultation in order to prescribe the most beneficial products for individual skincare needs. Results are immediate. Lines and wrinkles appear finer, scars and blemishes are soothed. The complexion glows with renewed health.

50 minutes \$125 / series of 4 \$450 (save \$50)

La Thérapie HydraPeel Intensif Facial

This intensive facial is the ultimate anti-aging, resurfacing treatment from La Thérapie. The procedure includes a complete La Thérapie HydraPeel Facial, plus the following: Hydra Lip Intensif, Intensif Eye Treatment, Hydra Neck Intensif and Hydra Peel Hand Treatment. Recommended once a month.

100 minutes \$190 / series of 4 \$660 (save \$100)

La Thérapie Intensif Vitamin Anti-Oxidant Treatment

To maximize the full potential of any La Thérapie Facial, supplement it with a powerful dose of vitamin protection. These potent Vitamin C and Vitamin A anti-oxidant serums provide superior free radical protection for the ultimate anti-aging boost. Exclusively patented formulations offer solutions for fine lines and wrinkles, scarring and blemishes.

..... add \$45

La Thérapie Intensif Age Zone Treatment

Choose any two intensive treatments from the list below to create your own personalized Age Zone Treatment for areas vulnerable to premature signs of aging: *Intensif Eye Treatment* Patented antioxidants target visible signs of aging to effectively diminish fine lines and wrinkles and reduce dark circles. *Hydra Lip Intensif* Potent antioxidants increase collagen production to plump out and enhance the contours of the lips. *Hydra Neck Intensif* The power of Caviar extracts is used to help lift and firm the delicate skin around the neck and décolleté. *Hydra Peel Hand Treatment* A combination of Dermatological products effectively resurfaces the skin to reduce brown spots, dryness and signs of aging.

30 minutes \$45

La Thérapie Microdermabrasion Treatment

A specialized exfoliating treatment designed to leave the skin looking polished and smooth, making imperfections such as discolorations and fine lines less noticeable. Finely ground crystals gently remove layers of dead tissue while revealing the fresh, more youthful skin underneath. This is an absolutely fantastic addition to the La Thérapie anti-aging program available for men and women.

60 minutes \$150 / series of 4 \$540 (save \$60)





Elemis Exotic Body...

Like a dance around the body... the language of touch is fluid and understood by all cultures.

Well-Being Massage

From the soles of your feet to the crown of your head, the unique Ten Cultural Touches of Elemis are combined with the Welcome Touch and Awareness Journey that makes this much more than just a massage. Your body is lightly brushed, before the powerful warmed pure massage oils are smothered over the face and body. Choose from: *Stress-a-Way* to soothe and relax. *Spirit Reviver* to uplift and detoxify. *Muscle Melt* to ease away aches and pains. *Chakra Balancing* to help rebalance mind, body and spirit.

60 minutes \$90 / series of 6 \$485 (save \$55)

Deep Tissue Muscle Massage

Excessive physical activity can cause deep muscular and joint distress. Our Deep Tissue Sports Therapy massage helps to warm and relax the muscles and improve range of motion. Enjoy before physical activity to prevent injuries and after to help the speedy recovery of strained muscles.

50 minutes ... \$105 / series of 6 \$565 (save \$65) 80 minutes ... \$160 / series of 6 \$865 (save \$95)

Aroma Stone Therapy

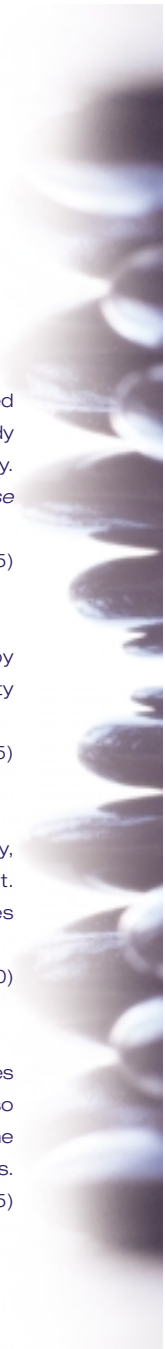
Harnessing the properties of Basalt stones, we bathe them in warm water, anoint them with the spicy, sensual aromas of the Orient, and massage them on key energy points of your body to balance the spirit. The deep penetrating heat of the volcanic Basalt Stones, combined with traditional massage techniques and warmed oils is an experience that is nothing short of divine!

75 minutes \$130 / series of 6 \$700 (save \$80)

Thai Massage

Thai Massage is an ancient art of healing the body. We use passive stretching and gentle pressure techniques along passages called "meridians" to unblock latent energy and re-balance the system. Thai massage also helps to adjust the skeletal structure, increase flexibility, relieve muscular and joint tension and stimulate the functioning of internal organs. Please wear light, comfortable clothing for this treatment. Available at limited times.

90 minutes ... \$175 / series of 6 \$950 (save \$100) 120 minutes ... \$225 / series of 6 \$1215 (save \$135)



Absolute Spa Ritual

Experience the ultimate indulgence. From the soles of your feet to the top of your scalp, embark on a complete journey to sensory heaven for the face and body, with a prescribed Elemis Japanese Silk Booster Facial and the Elemis Well-Being Massage.

120 minutes \$200 / series of 4 \$695 (save \$105)

Hawaiian Wave Four Hand Massage

From Hawaii, traditional Lomi Lomi massage movements sweep the length of the body like a synchronized dance. The experience of having two intuitive therapists working at the same time is the closest that one could imagine to such a mystical experience of the sublime. Four expert hands complement and follow each other to caress and comfort your body's energy flow, resulting in the ultimate experience of the power of touch.

75 minutes \$225 / series of 4 \$785 (save \$115)

Nurturing Massage for Mother-to-Be

The nine month journey of nurturing is a special time, connecting with the mother through the power of touch, working with two heartbeats as one. Tried and tested safe pregnancy massage techniques adapted to each stage of pregnancy. Specialized positioning on our unique beanbag is used to ensure the ultimate in comfort and relaxation.

75 minutes \$125 series of 6 \$675 (save \$75) series of 12 \$1275 (save \$225)

Exotic Lime and Ginger Salt Glow

Warm oil is dripped luxuriously all over the body before our Exotic Lime and Ginger Salt Glow is applied. Your skin will be polished to perfection before being utterly indulged in our signature Well-Being Massage.

With Well-Being Back Massage 60 minutes \$100 / series of 4 \$360 (save \$40)

With Well-Being Massage 90 minutes \$140 / series of 4 \$485 (save \$75)

Total Glow Self Tanning Treatment

Love the sun, but fake the tan with this gorgeous moisturizing treatment. We slough away dead skin with the Exotic Lime and Ginger Salt Glow, then apply the award winning Elemis Total Glow Self Tanning to your body.

60 minutes \$100 / series of 4 \$360 (save \$40)





Anti-Cellulite Therapies...

Cellulite is a normal skin condition caused by a build up of toxins in the body that collect in fatty areas like the abdomen, thighs and arms. Try the following non-invasive therapies to minimize the appearance and firm and tone the body.

Ionithermie Algae-Detox

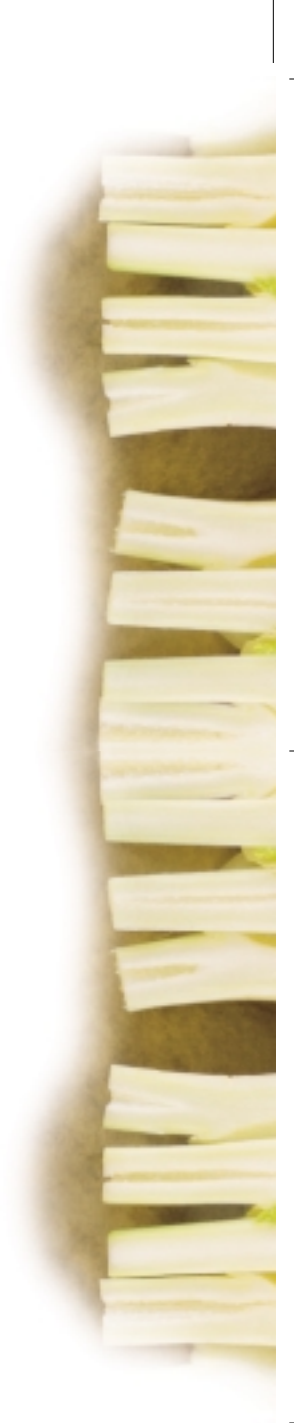
Created by a surgeon in France, Ionithermie is the only therapy available that helps to detoxify the body, reduce the appearance of cellulite and offer substantial inch loss in a single session. Using both galvanic and faradic stimuli, products rich in sea vegetation like Algae, Ivy and Kelp, are propelled into the fatty areas of the body, normally the thighs, buttocks, abdomen and/or upper arms. The detoxifying properties of the ingredients help to drain away the fluids from the trapped fat cells and smooth away the puckered appearance, giving the body more definition.

60 minutes \$125 series of 5 \$560 (save \$65)

Fennel Cleansing Cellulite and Colon Therapy

Cellulite is associated with poor circulation, fluid retention and a congested digestive system. This treatment works at the deepest level to flush and cleanse all three systems. A detoxifying Fennel and Birch peel off body mask is combined with specialist drainage massage techniques on the hips and thighs. Help boost blood flow and drain away fluid, leaving your skin firmer and smoother to touch. In addition, cleansing of the colon through abdominal massage and reflexology continues the purification of your body.

60 minutes \$125 series of 8 \$900 (save \$100)



Detox & Wellness Program...

This four week package will help to cleanse and detoxify your internal systems while firming and toning the texture of the skin. Your schedule will include five spa treatments per week for two weeks (one a day) and then two treatments a week for another two weeks. We recommend you combine this package with an exercise and diet plan for ultimate benefits. The results will include a reduction in the appearance of cellulite on the legs, thighs and abdomen, along with a firmer and smoother skin tone. But that is not all. Detoxification helps your body absorb vital nutrients and minerals more readily, so your hair will shine, your skin will glow and your energy levels will soar.

Detox and Wellness Program

\$1950 (save \$365)

Course of Ionithermie Algae-Detox

Course of Fennel Cleansing Cellulite and Colon Therapy

Course of Elemis Enhancement Capsules

Ionithermie and Elemis Home Care Regimen to include:

Ionithermie 12 Day Home Care Kit

Elemis Cellutox Herbal Bath Synergy

Elemis Cellutox Active Body Concentrate





Elemis Renewal & Detox...

Feel reborn after being cocooned in the unique sensory dry float bed.

Exotic Coconut Rub and Milk Ritual Wrap or Float

A ceremony of pure sensuality to tantalize and delight! A traditional Balinese recipe with Coconut, Mungbean, Spices and Lavender polishes the skin, while exotic body oil indulges your senses. Bask in the ritual as warm Milk Bath is poured lavishly over your body before being cocooned in a comforting wrap or in the sensory dry float bed.

With Well-Being Back Massage 60 minutes Wrap \$100 Float \$115

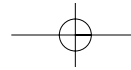
With Well-Being Massage 90 minutes Wrap \$150 Float \$165

Exotic Frangipani Body Nourish Wrap or Float

From the exotic shores of Tahiti, Coconut and Frangipani flowers are soaked together to produce Monoi, which literally means "scented oil." With the most exotic aroma and texture imaginable, Polynesian women traditionally use this to protect their beautiful bodies and condition their lustrous hair. Drench yourself in its moisture and bathe in sensuality, either in a comforting foil wrap, or weightless in the unique dry float.

With Well-Being Back Massage 60 minutes Wrap \$100 Float \$115

With Well-Being Massage 90 minutes Wrap \$150 Float \$165



Cellutox Aroma Spa Ocean Wrap or Float

Combining the richness of sea plants and marine algae with aromatherapy, this treatment is deeply detoxifying at all levels. A warm seaweed body mask containing a synergy of cleansing Juniper and Lemon Essential Oils is applied to your body before you are cocooned, either in a comforting foil wrap, or weightless in the unique dry float. Let your thoughts drift away, while you have a soothing face and scalp massage and let the active ingredients work to detoxify, decongest and stimulate your body systems.

With Well-Being Back Massage 90 minutes Wrap \$135 Float \$150

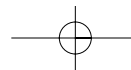
With Well-Being Massage 120 minutes Wrap \$185 Float \$200

Musclease Aroma Spa Ocean Wrap or Float

The power of aromatherapy is combined with the riches of the ocean in this deeply warming treatment. A heated seaweed mask containing a warming blend of Essential Oils such as Pine and Rosemary is applied to your body before you are cocooned in a warm wrap. Relax, weightless and will-less in the unique sensory dry float bath or in foil wrap, while the active ingredients work to ease arthritis, fatigue and muscle spasm.

With Well-Being Back Massage 90 minutes Wrap \$135 Float \$150

With Well-Being Massage 120 minutes Wrap \$185 Float \$200



Salon at Elemis...

Let your inner beauty shine forth like a vibrant light.

Bio-Ionics Hair Straightening

From an ancient therapy, Bio-Ionics is a breakthrough science for hair care. For centuries, natural negative IONS have been used in Japan to restore, rejuvenate and revitalize the body and mind. Negative ION energy is powerful enough to break water molecule clusters into micro-fine particles and penetrate the hair shaft reconditioning and offering a permanent straightening solution for curly or frizzy hair. The results are immediate: hair feels smoother, shinier and more manageable instantly from \$700- \$1200

Elemis Frangipani Conditioning Hair and Scalp Ritual

Frangipani Monoi literally means "scented oil." Creating a perfect moisturizing combination from coconut extract and the flower of the Tahitian Frangipani, your hair is treated with the most exotic aroma and texture imaginable. Traditionally used by Polynesian women to protect their beautiful bodies and lustrous hair, Monoi will soothe the scalp and make your hair feel like silken strands. After shampooing your hair, we drench it in this beautifully aromatic oil and slowly (and perfectly), massage it in circular motions around your scalp. We then cover your hair in a hot towel, allowing the magic potion to penetrate add \$35

Elemis Exotic Hand Ritual with Manicure

Pure pampering for your hands and nails to restore beauty and suppleness. Warmed aromatherapy oils nourish and condition, while the sublime sensation of Skin Nourishing Milk Bath lavishes its richness and healing action on your skin. The ritual is completed with a traditional manicure. 60 minutes \$55

Elemis Sole Delight Foot Treatment with Pedicure

Warmed aromatherapy oils nourish and condition your feet and nails while the decadence of Milk and Exotic Frangipani Monoi Oil lavish their richness and healing action on your skin. Includes a full pedicure. A sensory experience for your feet promising to leave you walking on cloud nine! 75 minutes \$80

Paraffin Wax Treatments for the Hands and Feet

We dip your hands and feet into a gorgeously warm pot of soft wax and then slip them into a mitt so the wax can embellish its silken powers to your skin. This tantalizing treatment is only available with a traditional manicure and pedicure service add \$15

her*

Hair Menu

Wash and Cut	from \$40
Cut and Blow Dry	from \$60
Blow Dry	from \$30
Blow Dry with Flat Irons	from \$40
Evening Style Updo	from \$45
Bridal Styling	individually priced
Hair Extensions	individually priced
Elemis Frangipani Conditioning Hair and Scalp Ritual	add \$35

Color

Semi Permanent	from \$45
Regrowth Application	from \$50
One Process Color	from \$65
Two Process Color	from \$85

Highlights and Lowlights

Partial	individually priced
Hairline and Part.....	\$75
Half Head	from \$85
Full Head	from \$140

Texture

Bio-Ionic's Hair Straightening	from \$700-\$1200
Perms	from \$85
Perm Spiral	from \$145
Relaxers (regrowth)	from \$75
Relaxers (full head)	from \$95

Waxing

Lip, Chin or Ears	\$10
Eyebrow Shape (20 minutes)	\$30
Brow (10 minutes)	\$20
Underarm	\$20
Full Arm	\$50
Bikini Line	\$25
Bikini	\$35
Brazilian Bikini	from \$50
Half Leg with Knee	\$50
Full Leg	\$75
Full Leg and Bikini	\$90

Fingers and Toes

Traditional Manicure ... 30 minutes	\$20
French Manicure	30 minutes \$25
Traditional Pedicure ... 45 minutes	\$40
Paraffin Wax treatment for hands or feet	add \$15
Polish Change	\$15
Polish Change French	\$20
Elemis Exotic Hand Ritual w/Manicure 60 minutes	\$55
Elemis Sole Delight Foot Treatment w/Pedicure 75 minutes	\$80

Acrylic Nail Services

Full Set	\$65
Full Set Sculpted	\$75
Full Set Pink and White	\$75
Refills with 1 Fix	\$35
Nail Fix per nail	\$10
Rejuvenating Nail Removal	\$25

him**

Hair Menu

Wash and Cut	\$30
Cut and Blow Dry	\$40
Restyle	from \$45
Tidy Up (define sideburns and neck)	from \$20
Color	from \$45
Highlights	from \$55
Shaving Ritual <i>includes brush, cream, razor, steam towels scalp massage and tidy up on the ears, nose and nape of neck</i>	\$45

Waxing

Ears or Neck	\$10
Eyebrows	\$20
Chest	\$50
Back and Shoulders	\$35-\$50

Fingers and Toes

Men's Sports Manicure	30 minutes \$20
Men's Sports Pedicure	45 minutes \$40

* Prices do not include blow dry or set unless indicated. All hairdressing services will receive a consultation prior to the service.

** Hairdressing services include a sensory scalp massage and hot towel treatment.

A perfect day to spa ...

Indulgence heals. So we have created perfectly sumptuous packages to help soothe mind and body. Leave all your cares at the door and promise yourself some unbridled relaxation. Before your treatments begin you can enjoy some tea or juice in the Relaxation Lounge to prepare yourself for your journey with Elemis.

Perfect day to spa

Exotic Sensory Wrap Treatment with Well-Being Massage

Choose from: Exotic Coconut Rub and Milk Ritual Wrap

or Exotic Frangipani Body Nourish Wrap

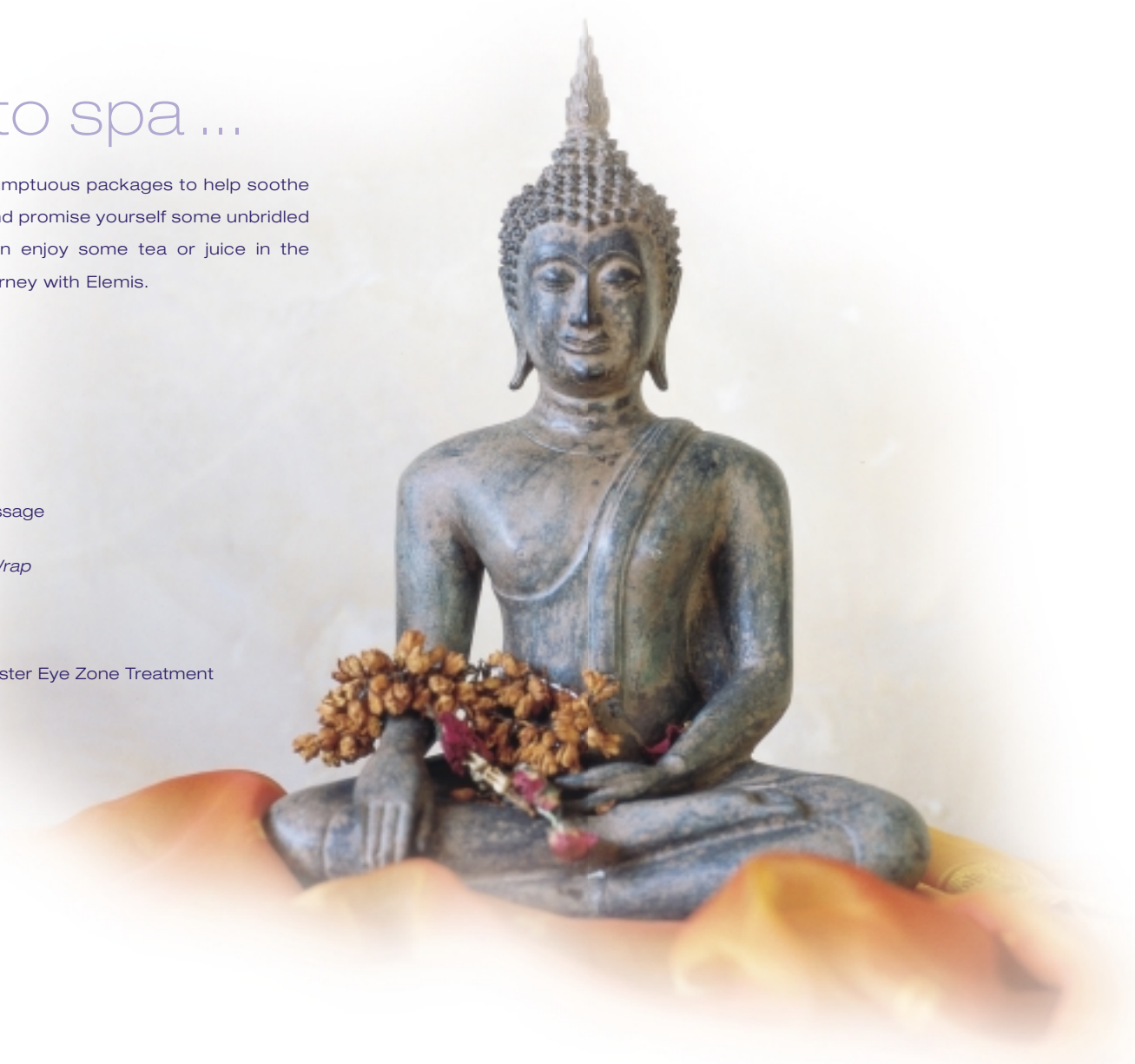
Japanese Silk Booster Facial with Japanese Silk Booster Eye Zone Treatment

Sole Delight Foot Treatment with Pedicure

Exotic Hand Ritual with Manicure

Frangipani Hair and Scalp Treatment with blow dry

400 minutes \$425 (save \$75)



Perfect spa for her

Exotic Hand Ritual with Manicure

Sole Delight Foot Treatment with Pedicure

Japanese Silk Booster Facial

Aroma Stone Therapy

285 minutes \$340 (save \$50)

Perfect spa for him

Aromapure Facial

Deep Tissue Muscle Massage 50 minutes

Shaving Ritual

Men's Sports Manicure

160 minutes \$230 (save \$35)

How to Spa

Prepare yourself for your spa journey. The more relaxed you are, the more beneficial your treatment will be to enhance your well-being.

Treatment Times Please arrive at least fifteen minutes before your treatment. If you are late for an appointment we may have to shorten your treatment time to be on schedule for the next guest.

Amenities Our amenities include ten spa-therapy rooms, one of which is an exotic Elemis suite, full-service hair and nail salon, relaxation area and Kid's Playspa. Teas, juices and fruit will be provided for guests, along with the use of a robe and slippers for the duration of your stay.

Kid's Playspa Parents need stress relief more than anyone! So we invite you to come and bring the little ones. Our Kid's Playspa is available at limited times and will be supervised by a licensed counselor. The best part is that this service is complimentary for the duration of your time in the spa.

Elemis Spa Gift Cards Treat friends and family with a gift of the sublime. An Elemis Spa Gift Card means that you can let your friends choose the treatments they want to enjoy. When you spend \$100 or more on your gift card it is presented in a beautiful Balinese Box with a Sensory Heaven Bath Oil. See our insert.

Join the Spa Culture Your spa experience can become part of your lifestyle when you join the spa culture. Simply go to: www.timetospa.com and order the products that have been recommended to you either every 30, 60 or 90 days. Shipping is free and you never have to run out of your prescribed products again.

Cancellation Policy We require a credit card for all appointments and 24 hours notice for cancellation to avoid being charged the full price for your treatment.

Gratuity Gratuity is not included in your service and we leave this to your discretion. As a guideline a 15-20% gratuity is customary for exemplary service.

Comments We would love you to fill out our comment card and tell us about the service you received and how it compares to your other spa experiences. Once a month we will pick a comment card and send a complimentary Elemis Spa Gift Card valuing \$50 to the customer we have picked. Good luck.

Location We are located between Nordstrom and Neiman Marcus on the main level of the Village of Merrick Park.

Parking Self parking is complimentary when you take the time to spa. Please ask our spa coordinators to validate your parking ticket.