



Elemis

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Step into a temple of touch and aroma to begin the
only journey that makes any difference...



Elemis Face...

Beauty is not just skin deep, but that is where it surfaces.

Elemis Absolute Lift Facial An anti-aging facial with immediately visible results, that treats the skin at the deepest level without aggression. The complexion feels lifted and fine lines eased away as an exquisite mask infused with the Chi-energy of Honey, Rose and Palmarosa helps improve and revitalize the skin tone 50 minutes / \$120

Elemis Active Deep-Cleansing Facial Restore a glowing complexion with this unique facial incorporating active extracts of Strawberry and Kiwi fruit. A great deep-cleansing skin pick-me-up and pre-occasion treat to promote radiant skin 50 minutes / \$120

Elemis Healing Facial for Men A therapeutic facial designed to cleanse the male complexion. Soothing Rosemary, Thyme and Lavender premium grade Essential Oils treat and restore congested skin, easing sensitivity and shaving irritation 50 minutes / \$120





Elemis Facial Add-Ins...

Boost your Elemis facial with pure Japanese Silk Protein or Sulphur Compresses on the face and eyes, and pure pampering rituals for the scalp, hands and feet.

Pro-Collagen Seaweed Face Therapy

A revolutionary natural halouronic booster to lift mature skin add \$30

Oxygen Face Therapy

Restructures tired, fragile and sensitive skins add \$30

Vita-C Face Therapy

With added Vitamin C for problem, congested and oil-rich skins add \$30

De-Congesting Bright Eye Zone

Helps to disperse congestion and reduce puffiness around the eyes add \$30

Pro-Collagen Eye Zone

Helps to plump out, smooth and define eye contour add \$30

Hand, Arm and Nail Conditioning Treatment

Pure pampering as your hands, arms and nails are drenched in traditional Frangipani Monoi Oil from the exotic shores of Tahiti add \$25





La Thérapie Face...

La Thérapie is a Parisian brand that specializes in advanced skin cosmeceuticals. Working with formulation experts, dermatologists and professional aestheticians to develop highly effective, targeted skin treatments.

La Thérapie HydraLift Facial This anti-aging lifting and hydrating facial has been created by Parisian scientists to target your specific skincare needs. A fully qualified aesthetician will carry out a thorough skin analysis and consultation in order to prescribe the most beneficial products. Galvanic Frequency is used to encourage active ingredients to deeper layers of the skin where cell renewal takes place and the stimulating effects of High frequency boost the circulation and enhance oxygen absorption, whilst creating a protective, antibacterial layer on the skin. The results are a deeply cleansed skin, smoothed and hydrated - "Skin Perfection."

..... 50 minutes / \$135

La Thérapie HydraPeel Facial Developed by leading dermatologists, this resurfacing facial combines the controlled use of cosmeceuticals with an advanced treatment program for fast, dramatic results. Safe for all skins, unbuffered Glycolic preparations offer immediate, visible results for aging, sun damaged, acne-prone and hyper-pigmented skin. A fully qualified aesthetician will carry out a thorough skin analysis and consultation in order to prescribe the most beneficial products for individual skincare needs. Results are immediate. Lines and wrinkles appear finer, scars and blemishes are soothed. The complexion glows with renewed health

..... 50 minutes / \$165

La Thérapie HydraPeel Intensif Facial This intensive facial is the ultimate anti-aging, resurfacing treatment from La Thérapie. The procedure includes a complete La Thérapie HydraPeel Facial, plus the following: Hydra Lip Intensif, Intensif Eye Treatment, Hydra Neck Intensif and Hydra Peel Hand Treatment.

Recommended once a month 50 minutes / \$235

La Thérapie Facial Add-Ins...

Choose two of the following Intensive treatments to add in to your La Therapie Hydra-Lift or Hydra-Peel Facial for \$60.

LT Hydra-Lip Intensive

We rehydrate the lips with special anti-aging preparations, great for fine lines around the lips.

LT Intensive Eye Treatment

We decongest the eyes with an intensive eye mask and increase circulation using gentle galvanic stimulation. Intensive Eye Treatment helps to reduce puffy eyes and smooth the appearance of fine lines.

LT Hydra-Lift Neck Treatment

Using the exclusive LT neck firming cream combined with gentle galvanic stimulation, we rehydrate the fragile skin on the neck and décolleté. This treatment helps to oxygenate the area and give an instant smoothing of the skin.

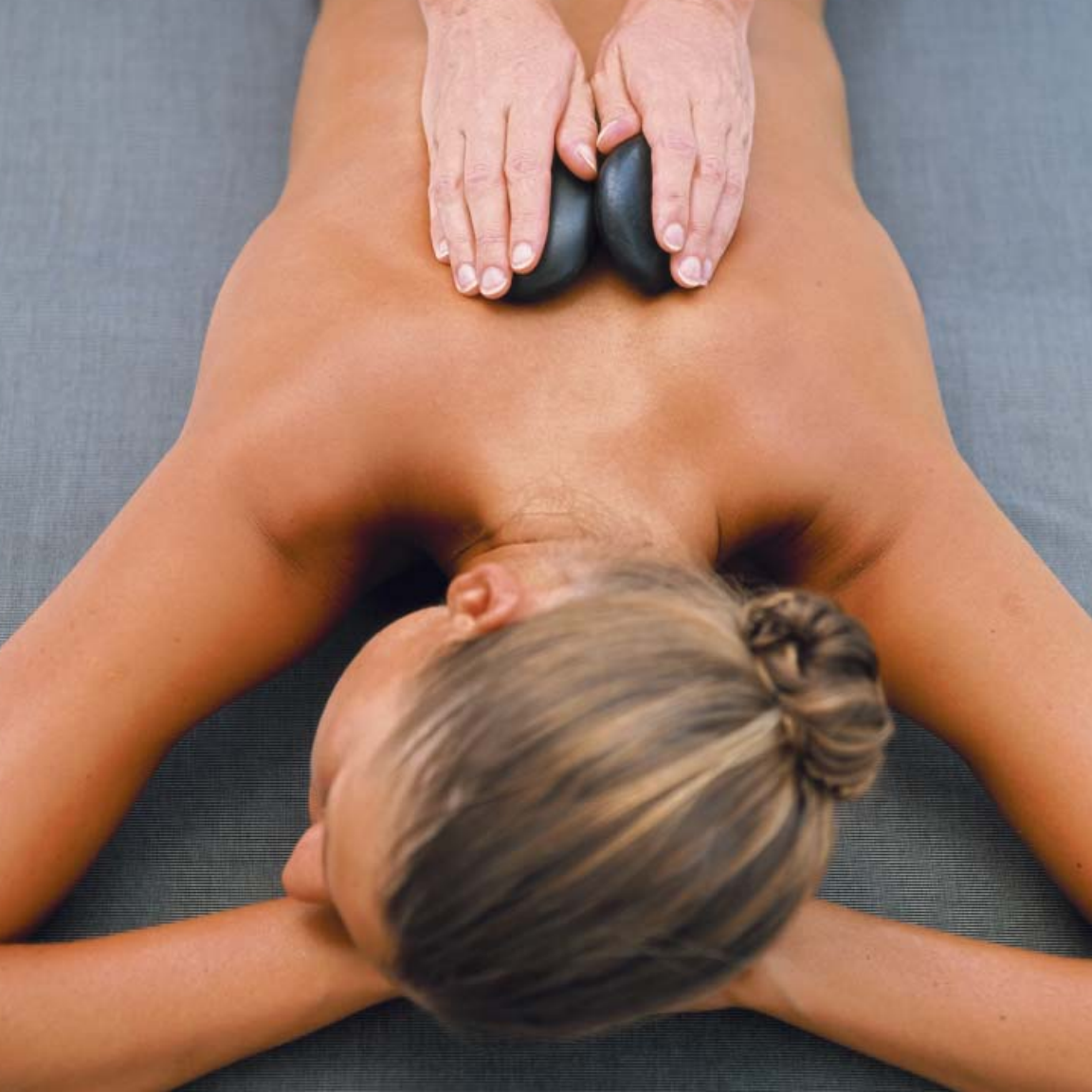
LT Hydra-Peel Hand Treatment

The ultimate "facial" for the hands, we cleanse and peel away the dead skin cells before treating the hands and forearms to a deep invigorating massage.

LT Intensif Vitamin Anti-Oxidant Treatment

To maximize the full potential of any La Thérapie Facial, supplement it with a powerful dose of vitamin protection. These potent Vitamin C and Vitamin A anti-oxidant serums provide superior free radical protection for the ultimate anti-aging boost.





Elemis Exotic Body...

Like a dance around the body... the language of touch is fluid and understood by all cultures.

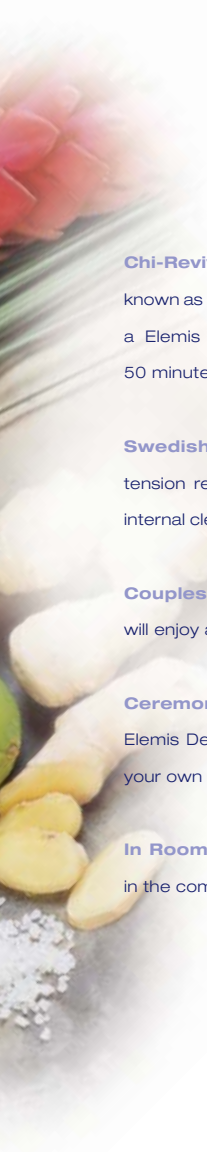
Elemis Deep Tissue Muscle Massage Excessive physical activity can cause deep muscular and joint distress. Our Deep Tissue Sports Therapy massage helps to warm and relax the muscles and improve range of motion. A preventative hands-on medicine, special manipulative techniques will help reduce the chances of muscle and tendon injuries. Also excellent post-training as regular sessions will help the speedy recovery of myo-fascial injuries. 50 minutes / \$125 80 minutes / \$185

Hawaiian Wave Four Hand Massage From Hawaii, traditional Lomi Lomi massage movements sweep the length of the body like a synchronized dance. The experience of having two therapists working at the same time is the closest that one could imagine to such a mystical experience of the sublime 50 minutes / \$220

Aroma Stone Therapy Since the birth of time, many ancient cultures have used the healing power of stones for medicinal and spiritual purposes. In Bali, it is believed that "batu" stones are filled with the vitality and energy of the water that flows over them in an eternal stream. Harnessing the properties of the volcanic basalt stones, we bathe them in warm water and anoint them with spicy, sensual aromas of the Orient. Small stones are placed on key energy points on the body, evoking an aura of warmth, whilst the deep penetrating heat from the stones are used to massage the body using traditional techniques to release muscular tension and balance the spirit 50 minutes / \$195

Nurturing Massage for Mother-To-Be The nine month journey of nurturing is a special time, connecting with the mother through the power of touch, working with two heartbeats as one. We combine safe pregnancy massage techniques adapted to each stage of pregnancy 50 minutes / \$135





Chi-Revival Foot Massage The technique uses pressure points on the feet to re-balance energy lines, known as meridians and cleanse the energy points on the body. We recommend you follow this treatment with a Elemis Deep Tissue Muscle Massage or traditional full body massage. Available at limited times.
50 minutes / \$110

Swedish Massage Swedish massage is the staple of the Western spa. Offering the ultimate muscle-tension relief, Swedish massage uses Effleurage, Pettrissage, Tapotement and Friction to aid the body's internal cleansing system. 50 minutes / \$115 80 minutes / \$175

Couples Massage Enjoy a gorgeously relaxing massage in our suite reserved for couples. Both of you will enjoy a massage, as you lie side by side 50 or 80 minutes / Type fo massage times 2

Ceremony of Love Includes an Exotic Jasmine Flower Bath for Two, followed by a delightful Couple's Elemis Deep Tissue Muscle Massage (\$325) or a Couple's Hawaiian Four Wave Hand Massage (\$425), in your own private room.

In Room Massage Don't move. We'll come to you. Indulge in either a Swedish or Deep Tissue Massage in the comfort of your own room. Available 24 hours Type fo massage times 2

Massage Add-Ins...

Surrender to the calling of bliss and add some essential treats to your main therapy. These treatments are not offered a la carte.

Conditioning Foot Delight An indulgent treat for the feet, that conditions, rejuvenates and revitalizes ... add \$25

Frangipani Hair and Scalp Conditioning Restore luster to your hair and scalp as the exotic Frangipani Monoi Oil penetrates and nourishes add \$25

Bathing Rituals Surrender to a beautifully sensual bathing experience in a private Jacuzzi Bath. Baths are a wonderful way to prepare the body for deep relaxation. 25 minutes add \$65

Exotic Jasmine Flower Bath uplifting and sensuous
Exotic Enriching Milk Bath soothing and healing
Detox Ocean Bath detoxifying and cleansing
Warming Ocean Bath de-stressing and warming

Exotic Lime and Ginger Salt Glow Warm oil is dripped luxuriously all over the body before our sublime Exotic Lime and Ginger Salt Glow is applied. Your skin will be polished to absolute perfection ... 25 minutes / add \$75

Massage Over-Time When 50 minutes are just not enough...or when you have just had a facial and want that extra 30 minutes of R&R...that is what Massage Over-Time is for you. You can add on 30 minutes to any treatment you want.30 minutes / add \$65





Anti-Cellulite Therapies...

Cellulite is a normal skin condition caused by a build up of toxins in the body that collect in fatty areas like the abdomen, thighs and arms. Try the following non-invasive therapies to minimize the appearance and firm and tone the body.

Fennel Cleanse and Abdominal Release Therapy Cellulite is associated with poor circulation, fluid retention and a congested digestive system. This treatment works at the deepest level to flush and cleanse all three systems. A detoxifying Fennel and Birch peel-off body mask is combined with specialist drainage massage techniques on the hips and thighs. Helps to boost blood flow and drain away fluid, leaving your skin firmer and smoother to touch. In addition, cleansing of the colon through abdominal massage and reflexology continues the purification of your body 50 minutes / \$140

Ionithermie Cellulite Reduction Program Created by a surgeon in France, Ionithermie is the only therapy available that helps to detoxify the body, reduce the appearance of cellulite and offer substantial inch loss in a single session. Using both galvanic and faradic stimuli, products rich in sea life like Algae, Ivy and Kelp, are propelled into the fatty areas of the body, normally the thighs, buttocks, abdomen and/or upper arms. The detoxifying properties of the ingredients help to drain away the fluids from the trapped fat cells and smooth away the puckered appearance, giving the body more definition. Ionithermie Algae-Detox should be used as part of your well being and fitness program. Your therapist will give you nutrition guidance and recommend a home care plan for on going maintenance. Although between one and five inches may be lost during the first session, we do recommend a full course of three if possible and on-going maintenance .
.....50 minutes / single session / \$200 course of three / \$480

Fennel Cleansing and Ionithermie Detox Program For guests who are staying in Vegas for 7 days, the following program offers deep detoxification, combined with body firming and inch loss 50 minutes / \$520
Day 1 Fennel Cleansing and Abdominal Release Therapy Day 3 Ionithermie Algae-Detox
Day 5 Fennel Cleansing and Abdominal Release Therapy Day 7 Ionithermie Algae-Detox



Fitness & Lifestyle Center...

Your gymnasium at home will not be missed! Equipped with the latest Life-Fitness equipment, we have treadmills, cross-trainers, stair-climbers, recumbent bikes, upright bikes and free weights. Also, to assist you on your quest for optimum well being, we have a variety of services administered by our nationally certified personal trainers.

Personal Training Our personal trainers offer custom designed programs to assist you in achieving your fitness goals. We can focus on improving your cardio-vascular capacity, muscle-mass, flexibility and range of motion. Available at limited times 1 hour / \$75

Body Composition Analysis The Analyzer reads the fat and water percentage of the body, and also gives you a recommended target for optimum well being. The analysis is customized, bearing in mind lifestyle, gender, height, weight and age. Once we have a reading, your Fitness Instructor can recommend a plan that you should be able to adapt to your existing lifestyle 25 minutes / \$40

CustombronzinTM Spray Tanning Achieve a healthy, natural looking golden brown glow in just minutes. This fast, sunless, flawless spray is custom-tailored for your body and skin tone. This is a great way to kick-start your tanning experience by achieving an immediate tan. \$70

Alpha 2010 Capsule The Alpha Capsule combines a dry heat sauna, vibratory massage, aromatherapy and more into one machine that embodies perfection in a controlled environment therapy. It soothes, stimulates, and conditions all of the senses simultaneously for the ultimate in health, beauty and relaxation. per minute / \$1

Elemis Lifestyle Membership Spa guests who have booked in for either body or facial services may use the gymnasium, sauna, and steam facilities you can purchase a membership. Our facilities are open from 6 am to 7 pm daily. Your membership includes use of robes, slippers and all amenities.

Hotel Guest 1 day / \$25 3 days / \$65 5 days / \$95

Non-Hotel Guest 1 day / \$30 3 days / \$70 5 days / \$100



Elemis Renewal & Detox ...

Feel reborn after being cocooned in the unique sensory dry float bed.

Cellutox Aroma Spa Ocean Wrap or Float A warm seaweed body mask containing a synergy of cleansing Juniper and Lemon Essential Oils is applied to your body before you are cocooned, either in a comforting foil wrap, or weightless in the unique dry float. Let your thoughts drift away, while you have a soothing face and scalp massage and let the active ingredients work to detoxify, decongest and stimulate your body systems. Stimulate your senses and ease your aching muscles as you enjoy a warming Elemis Deep Tissue Muscle Massage.

With Elemis Deep Tissue Back Massage / 90 minutes Wrap \$185 Float \$195
With Elemis Deep Tissue Muscle Massage /120 minutes Wrap \$220 Float \$230

Musclease Aroma Spa Ocean Wrap or Float A heated seaweed mask containing a warming blend of Essential Oils such as Pine and Rosemary is applied to your body before you are cocooned in a warm wrap. Relax in the unique sensory dry float bed or in a foil wrap, while the active ingredients work to ease arthritis, fatigue and muscle spasm. Stimulate your sense and ease your aching muscles as you enjoy a warming Elemis Deep Tissue Muscle Massage.

With Elemis Deep Tissue Back Massage / 90 minutes Wrap \$185 Float \$195
With Elemis Deep Tissue Muscle Massage /120 minutes Wrap \$220 Float \$230

Exotic Frangipani Body Nourish Wrap or Float Creating a perfect combination from nature itself, Coconut extract and the flower of the Tahitian Frangipani are soaked together to produce the most exotic aroma and texture imaginable. Traditionally used by Polynesian women to protect their beautiful bodies and lustrous hair, Monoi will soothe, condition and soften your skin. Relax, in the warmth of a foil wrap or while cocooned in the sensory float bed. Following your wrap or float, we lavish you with a full body Elemis Deep Tissue Muscle Massage. Sheer bliss.

With Elemis Deep Tissue Back Massage / 90 minutes Wrap \$185 Float \$195
With Elemis Deep Tissue Muscle Massage /120 minutes Wrap \$230 Float \$240

Exotic Coconut Rub and Milk Ritual Wrap or Float A ceremony of pure sensuality to tantalize and delight! A traditional Balinese coconut recipe polishes the skin while the exotic body oil indulges your senses. Cleopatra was renowned for bathing in milk before her secret liaisons with Mark Anthony, so now it is your turn to bask in the ritual as warm Nourishing Milk Bath is smothered over your entire body. Indulge in this healing, comforting opulence while cocooned in the sensory float bed or foil wrap. Then to indulge you in bliss unimaginable, we complete this luscious treatment with a Elemis Deep Tissue Muscle Massage.

With Elemis Deep Tissue Back Massage / 90 minutes Wrap \$185 Float \$195
With Elemis Deep Tissue Muscle Massage / 120 minutes Wrap \$230 Float \$240

Jasmine Lulur Ritual The traditional cleansing ceremony of Jasmine Lulur Therapy has been practiced by the royal princesses in the palaces of Java since the 17th century, to smooth and nourish the skin, prior to their wedding day. Using an authentic polish of Turmeric, Red Rice, Fenugreek, Jasmine, Cempak and Ylang Ylang, this ritual is completed by either a Elemis Deep Tissue Muscle Massage or Hawaiian Wave Four Hand Massage. 1 hour 30 minutes

With Elemis Deep Tissue Muscle Massage / \$240 .. With Hawaiian Wave Four Hand Massage / \$360

Balinese Boreh Hot Spice Ritual Traditionally found in the rice growing areas of Indonesia, the warm potent spices of the Boreh paste were blended in the evening by the local "ibu" mother. Used as a warm healing pack on the family, who spent all day wading in the paddy fields, the Balinese Boreh Hot Spice Therapy helps relieve headaches, arthritis and muscular aches, while boosting circulation. To complete the ritual we indulge you with either the Elemis Deep Tissue Muscle Massage or the Hawaiian Wave Four Hand Massage. 1 hour 30 minutes

With Elemis Deep Tissue Muscle Massage / \$240 .. With Hawaiian Wave Four Hand Massage / \$360



Salon at Elemis...

Let your inner beauty shine forth like a vibrant light.

GoSmile GoSmile Whitening is the safest, most effective and most popular tooth whitening system available today. Your teeth will be visibly whiter after just one session and continued use of the homecare included. With our cost-effective whitening treatment, you will see instant results without harming your teeth. Consultations are free. 30 minutes 30 minutes / \$199

Frangipani Conditioning Hair and Scalp Ritual From the exotic shores of Tahiti, this Frangipani Monoi literally means "scented oil." Creating a perfect moisturizing combination from coconut extract and the flower of the Tahitian Frangipani, your hair is treated with the most exotic aroma and texture imaginable. Traditionally used by Polynesian women to protect their beautiful bodies and lustrous hair, Monoi will soothe the scalp and make your hair feel like silken strands. After shampooing your hair, we drench it in this beautifully aromatic oil and slowly (and perfectly), massage it in circular motions around your scalp. We then cover your hair in a hot towel, allowing the magic potion to penetrate. Sheer bliss Approx. 1 hour / \$95

Exotic Hand Ritual with Manicure Simply beautiful. Pure pampering for your hands and nails to restore beauty and suppleness. Aromatherapy oils nourish and condition, while the sublime sensation of warmed Skin Nourishing Milk Bath lavishes its richness and healing action on your skin. The ritual is completed with a traditional manicure 55 minutes / \$75

Sole Delight Foot Treatment with Pedicure Aromatherapy oils nourish and condition your feet and nails while the decadence of warmed Skin Nourishing Milk Bath and Exotic Frangipani Monoi Oil lavish their richness and healing action on your skin. Sole Delight Foot Treatment includes a full pedicure. A sensory experience for your feet only which promises to leave you walking on cloud nine! 55 minutes / \$95

For the most sublime hand or foot treatment add:

Paraffin Wax Treatments for the Hands and Feet

.. we dip your hands and feet into a gorgeously warm pot of soft wax and then slip them into a mitt so the wax can embellish its silken powers to your skin 15 minutes / \$25 hands \$25 feet

Hair Services

| | |
|---|------------|
| Frangipani Conditioning Hair & Scalp Ritual | \$95 |
| Blow Dry/Roller Setting | from \$50 |
| Shampoo and Cut | from \$50 |
| Cut and Blow Dry | from \$100 |
| Up Do | from \$75 |
| French Braid | from \$50 |
| Color | from \$100 |
| Semi Permanent Color | from \$85 |
| Re-Growth Touch Up | from \$85 |
| Hi-lights/Lo-lights | from \$100 |
| Permanent Wave | from \$100 |
| Deep Conditioning | from \$35 |

Waxing Services

| | |
|----------------------------|-----------|
| Lip, Chin, or Brow | \$30 |
| Full Face | \$70 |
| Underarm | \$45 |
| Bikini | \$65 |
| Brazilian | \$110 |
| Arms | \$75 |
| Half Legs | \$75 |
| Full Legs | \$130 |
| Full Legs and Bikini | \$175 |
| Back | from \$85 |
| Brow Tweezing | \$30 |

Make Up Services

| | |
|-----------------------------|-------|
| Make Up Application | \$70 |
| Make Up Lesson | \$100 |
| Brow Tinting | \$35 |
| Lash Tinting | \$35 |
| Brow and Lash Tinting | \$65 |

Nail Services

| | |
|--|-------------------|
| Traditional Manicure | 25 minutes / \$40 |
| French Manicure | 25 minutes / \$50 |
| Traditional Pedicure | 45 minutes / \$65 |
| Exotic Hand Ritual with Manicure | 1 hour / \$75 |
| Sole Delight Foot Treatment with Pedicure 1 hour / | \$95 |
| Paraffin Wax Treatments for the Hands and Feet | |
| hands | \$25 |
| feet | \$25 |
| Polish Change | \$25 |
| Nail Repair | per nail \$10 |
| Single Tip with Overlay | \$20 |
| Full Set Acrylic Nails | \$120 |
| Full Set Acrylic Nails Fills | \$75 |
| Full Set Linen or Silk Wraps | \$120 |
| Full Set Pink and White Acrylics | \$140 |
| Rejuvenating Acrylic Nail Removal | from \$30 |
| Acrylic Shape Buff and Polish | \$35 |

A perfect day to spa ...

Indulgence heals. So we have created perfectly sumptuous packages to help soothe mind and body. Leave all your cares at the door and promise yourself some unbridled relaxation. Before your treatments begin you can enjoy some tea or juice in the Relaxation Lounge to prepare yourself for your journey with Elemis.

Perfect day to spa

Exotic Sensory Wrap Treatment with Elemis Deep Tissue Muscle Massage

*Choose from: Exotic Coconut Rub and Milk Ritual Wrap
or Exotic Frangipani Body Nourish Wrap*

Elemis Aromapure Facial with Japanese Silk Protein or
Sulphur Compress and Eye Zone Therapy

Frangipani Hair and Scalp Treatment with blow dry

Exotic Hand Ritual with Manicure

Sole Delight Foot Treatment with Pedicure

400 minutes \$670 (save \$75)





Perfect spa for her

Aroma Stone Therapy

Elemis Aromapure Facial

Exotic Hand Ritual with Manicure

Sole Delight Foot Treatment with Pedicure

285 minutes \$495 (save \$50)

Perfect spa for him

Deep Tissue Muscle Massage 50 minutes

Elemis Aromapure Facial

Men's Sports Manicure

160 minutes \$325 (save \$35)

How to Spa

Prepare yourself for your spa journey. The more relaxed you are, the more beneficial your treatment will be to enhance your well-being.

How do I get the most from my Elemis Spa experience? Whether you spend an hour, a day or a few hours every day with us, we want the spa to be your home. Come and relax. We are happy to extend complimentary use of the gymnasium, sauna and steam with your treatment, so we recommend you arrive at least 30 minutes before your scheduled spa therapy and bring your workout clothes. When you book a spa treatment (any facial or body treatment) you can indulge in the spa for the entire day if you wish—so take advantage. Herbal teas and fresh fruit juices are available to quench your thirst and books are also available for your perusal. Upon your arrival you will be given a robe and slippers. Come and enjoy.

Facilities The spa stretches over 32,000 square feet and encompasses 35 private therapy rooms, 6 of which are multiple therapy suites for individuals and couples. We have a full-service hair and nail salon and a gymnasium fitted with cardio-vascular and muscle strengthening equipment. Fitness services and gymnasium orientation are available.

Location The Elemis Spa at the Aladdin Resort Casino, 3667 Las Vegas Boulevard South (at Harmon Avenue), Las Vegas, Nevada 89109.

Appointments Call 1-866-9-ELEMIS or 702-785-5-SPA. We accept reservations up to one week before your scheduled arrival. Please read our cancellation policy before pre-booking your appointments. Guests of the Aladdin may call ext. 55772 or press the Spa button on your phone.

Service Charge 18% service charge will be added to all services.

Spa Hours We are open daily. Fitness Facilities, sauna and steam 6am to 7pm. Spa and Salon services and Spa Boutique available 8am to 7pm.

Minimum Age Spa guests must be 18 years old to use the facilities and have private spa treatments. We do permit children of any age to have salon services when accompanied by an adult.

How can I continue using Elemis and La Thérapie products at home? Go to: www.timetospa.com and continue using the products that work wonders on your skin, body and hair. Alternatively, call 1-800-423-5293 and speak to one of our spa consultants from 8:30am to 10pm Monday thru Thursday or from 8:30am thru 5:30pm on Friday.

Elemis Spa Locations Elemis Spa at the Aladdin has two relatives! Elemis day-spa in London, England is the "mother" of the Elemis experience. Call +44 (0) 20 7 499 4995 for more information. Elemis Spa at Mohegan Sun in Connecticut, USA is the youngest member of the Elemis family. Call 1-866-877-MOHEGAN for more information.

Cancellation Policy We require 2 hours notice for all cancellations. Cancellations not made within this time frame will be charged the full price of the service. If you re-schedule, there will be a \$35 service charge. If you are pre-booking appointments, do not assume your flight will arrive on time, but be prepared for delays.

Aladdin Resort

Las Vegas, Nevada

702-785-5-SPA / 1-866-9-ELEMIS

Mohegan Sun Hotel

Uncasville, Connecticut

1-866-877-Mohegan / 860-862-4500

Village of Merrick Park

Coral Gables, Florida

305-774-7171 / 1-866-ELEMIS SPA

www.elemispa.com